

A MARVELOUS MOM'S HANDS

Proverbs 31:13-24

A marvelous mom delights in doing physical work

I. HER DELIGHT (13b)

A. EFFORT: Working with her hands
- She wants to be active

B. ENJOYMENT
- This is a delight and not a drudgery or simply a duty

C. EMPHASIS
- Delight is the theme of this “hands” segment

II. THE DETAILS (14-24)

A. HAPPY MEALS! (14-15)

1. The Food (14)
 - a. From afar
 - b. Like merchant ships
 - c. Summary: She’s a creative cook seeking to provide a variety of things
2. The Thoughtfulness (15)
 - a. Giving up sleep in order to be a blessing
 - b. Giving food to her household > Literally: Those within her walls
 - c. Giving portions to her maidens > Her personal assistants
 - d. Summary: She’s a sacrificial and thoughtful giver!

B. HEARTY FITNESS (17)

1. Lower body strength: Hips
- “She girds herself” is literally “she girds her hips”
2. Upper body strength: Arms
3. A total body workout

Over please >

C. HANDMADE SEWING (19-24)

1. Making practical things (19, 13a)
 - Spinning thread > Making her own thread!
2. Making warm things (21)
3. Making comfortable things (22a)
 - a. Coverings for herself does not refer to her clothing
 - b. The term “coverings” refers to bedding items
4. Making sellable things (24)
 - a. Linen garments: Pajamas
 - b. Woven belts: Not usually a reference to leather but finely woven clothe

D. WHOLESOME GENEROSITY (20)

1. Coin to the poor
2. Comfort to the needy

E. HANDSOME FASHION (22b)

1. Fine linen clothing
 - She has some “dress up” clothes > Not just jeans, sweats, and t-shirts
2. Purple clothing
 - She has some nice outfits that were more expensive but made her feel good

CONCLUSION:

Here we have an interesting and industrious woman

1. She uses her hands for good
2. She gains from her work but then gives some away
3. She can see the results of her work

Not every woman will enjoy each of these things, but a marvelous mom will take pleasure in using her hands for at least some of them.

Families are blessed who have marvelous moms doing physical work